

GEN	
PRRP _	
RISE _	
SMILE_	
WTU _	
WRC _	

DD214 or I.D.

Helmet Waiver

Med Release

Other Info

HORSES FOR WARRIORS

NEW PARTICIPANT REGISTRATION

Participant's Name:			D	Date:
Date of Birth:	Gender	Height:	Weig	ght:
Address:				
City:			State:	Zip:
Primary Phone:		Email:		
Primary Disability		Secondary Disab	ility	
Are you currently serving or ha	ave previously served	in the United States	Military?	
If yes, which branch?		Rank	Active, Discha	arged or Retired?
I consent to and autho	ttached list of other <u>]</u> orize I do not of other audiovisual	PHOTO RELI consent to nor do I materials taken of r	(ilitary ID if this EASE authorize the us ne or my child f	e and reproduction by REACH of any for promotional printed material,
Participant Signature:		OF CONFID		Date
				nteers and donors of REACH bout any person or their family.
Participant Signature:				Date



AUTHORIZATION FOR EMERGENCY MEDICAL CARE

Participant's Name:

Please Print	
In case of Emergency, contact:	Phone(s):
Physician's Name:	
City:	
Please indicate any allergies:	
Please indicate any medical issues that may effect your/your child's participation	at REACH
Date of last Tetanus shot:	

<u>CONSENT PLAN</u> I give consent for emergency medical treatment/aid (including x-ray, surgery, hospitalization, medication, and any treatment procedure deemed "life saving" by the physician) In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, any participation on my part at REACH, or while being on the property of REACH, I authorize REACH Therapeutic Riding Center to:

- 1. Secure and retain medical treatment and transportation, if needed.
- 2. Release records upon request to the authorized individual or agency involved in the medical emergency treatment.

Participant Consent Signature _____ Date: _____

~~~ OR ~~~

#### NON-CONSENT PLAN (Only for Persons 18 or Older)

I do not give consent for emergency medical treatment/aid in the event of illness or injury during the process of receiving services, any participation on my part at REACH, or while being on the property of REACH. In the event emergency treatment/aid is required, I wish the following procedures to take place:

| Participant Signature: | Date:        |  |
|------------------------|--------------|--|
| Participant Name:      |              |  |
| 1                      | Please Print |  |



### **LIABILITY RELEASE**

That I, \_\_\_\_\_\_\_\_ the undersigned, for and in sole consideration of the privilege of permitting said person to participate in activities at or sponsored by REACH Therapeutic Riding Center (RTRC) and recognizing that horseback riding activities involve certain inherent dangers and risks to persons and property, do hereby agree to assume for myself and on behalf of my ward or child, the risks and dangers attendant to such activity, including but not limited to: falling or being thrown from a horse, being kicked, stepped on or bitten by a horse or other animal, and/or injuries sustained while riding, mounting or dismounting a horse. I further acknowledge the risks and potential for risks associated with recreational and outdoor activities, including but not limited to: snake, animal or insect bites; uneven ground; sun, cold and wind exposure; cuts and scrapes; sore or pulled muscles; broken, dislocated or fractured bones; nerve damage; internal injuries; head injuries; grievous bodily injury or death. However, I feel that the possible benefits to myself, child or ward are greater than the risk assumed.

I hereby, intending to be legally bound, for myself and my child or ward, heirs and assigns, executors or administrator, waive and forever release, acquit, discharge and hold harmless all claims for damages against RTRC, its board of directors, trustees, agents, instructors, therapists, employees, representatives, volunteers, owners of property on which RTRC operates, successors or assigns on account of any personal injuries and/or personal damages known or unknown, or in anyway growing out of, the acts of RTRC, its board of directors, trustees, agents, instructors, therapists, aids, employees, representatives, volunteers, owners of property on which RTRC operates, successors or assigns.

### WARNING

I understand that under Texas Equine Liability Act (Chapter 87, Civil Practice and Remedies Code), an equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities.

I, the undersigned, have read this waiver of liability in its entirety. I understand the terms of this release and have signed this release voluntarily and with full knowledge of the effects thereof.

Signature: \_\_\_\_\_

\_ Date:\_\_\_\_\_



### **MEDICAL HISTORY**

| Client's Name:    |       |                           | <br> |
|-------------------|-------|---------------------------|------|
| Diagnosis:        |       |                           |      |
| Primary:          |       | <br>                      | <br> |
|                   |       |                           |      |
|                   |       |                           |      |
|                   |       |                           |      |
|                   |       |                           |      |
|                   |       |                           |      |
| Medications       |       |                           |      |
|                   |       |                           |      |
| Seizures: No Yes  | Type: | <br>Date of last seizure: | <br> |
| Shunts, Implants: |       | <br>                      | <br> |
|                   |       | ices:                     |      |
|                   |       |                           |      |

# As thoroughly as possible, please indicate current or past difficulties/symptoms in the following systems/areas that apply including surgeries.

| Area                    | No | Yes | Degree/ Comments |
|-------------------------|----|-----|------------------|
| Allergies               |    |     |                  |
| Auditory                |    |     |                  |
| Visual                  |    |     |                  |
| Speech                  |    |     |                  |
| Tactile/Sensory         |    |     |                  |
| Cardiac                 |    |     |                  |
| Circulatory             |    |     |                  |
| Pulmonary               |    |     |                  |
| Integumentary/Skin      |    |     |                  |
| Immunity                |    |     |                  |
| Neurologic              |    |     |                  |
| Muscular                |    |     |                  |
| Orthopedic              |    |     |                  |
| Learning Disabilities   |    |     |                  |
| Cognitive               |    |     |                  |
| Emotional/Psychological |    |     |                  |
| Behavior                |    |     |                  |
| Rods, Implants, or      |    |     |                  |
| Prostheses              |    |     |                  |
| Other                   |    |     |                  |



### AUTHORIZATION FOR RELEASE OF CONFIDENTIAL INFORMATION

Participant name: \_\_\_\_\_

I hereby grant permission to REACH Therapeutic Riding Center or its designee to release the following information defined below, only for the purposes or specifically described circumstances, to the following entity:

Doris Miller Department of
Veterans Affairs Medical Center
4800 Memorial Drive
Waco, TX 76711

\_\_\_\_ Ft. Hood Warrior Transition Unit Ft. Hood, TX 76544

I grant the right to release the following information:

- \_\_\_\_ Diagnosis
- \_\_\_\_\_ Number of sessions attended
- \_\_\_\_\_ Types of experiences, such as ground work, riding, or other activities
- \_\_\_\_\_ Progress forms, notes and evaluations
- \_\_\_\_\_ All of the above

# Comments related to harming self or others will automatically be reported for the safety of the participant and others.

Your Rights: You may refuse to sign this form. You may cancel or revoke authorization by informing REACH Therapeutic Riding Center in writing, with a signature and date later than the date of this authorization. If you cancel your permission to allow the release of information about you, it will go into effect immediately. You have a right to receive a copy of this Authorization.

I hereby release REACH Therapeutic Riding Center or its designee from all legal responsibility or liability that may rise from the act I have authorized.

Participant's signature

Date



### Warrior Goal Survey & Experience Questionnaire

Name: \_\_\_\_\_

Date: \_\_\_\_\_

The primary benefits of working with horses include: improvement of social skills, psychological accomplishments, educational and cognitive advances, and overall improvement in physical strength.

Please check the following goals that you are personally interested in working on during your time at REACH.

- \_\_\_\_\_ Learn more about horses
- \_\_\_\_\_ Learn to ride
- \_\_\_\_\_ Reduce anxiety
- \_\_\_\_\_ Improve physical movement
- \_\_\_\_\_ Develop a new recreation/hobby
- \_\_\_\_\_ Improve relationships with others
- \_\_\_\_\_ Improve communication skills
- \_\_\_\_\_ Improve emotional regulation
- \_\_\_\_\_ Increase focus and concentration on a specific task
- \_\_\_\_\_ Increase comfort in situations that may be unpredictable
- \_\_\_\_ Improve balance
- \_\_\_\_\_ Improve confidence
- \_\_\_\_ Improve sensitivity
- \_\_\_\_\_ Improve trust in others
- \_\_\_\_\_ Improve relaxation
- \_\_\_\_\_ Increase comfort in social settings
- \_\_\_\_\_ Improve motor skills
- \_\_\_\_\_ Injury recovery
- \_\_\_\_ Improve memory

Please list other personal goals you may have: \_\_\_\_\_

| <b>Equine Background and Experience:</b> On scale of 1 to 10 with "10" being a riding instructor and "0" being no experience around horses, where would you rate your current equine skill level? (Circle One) |          |   |          |   |        |         |   |   |          |        |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---|----------|---|--------|---------|---|---|----------|--------|--|
| 0                                                                                                                                                                                                              | 1        | 2 | 3        | 4 | 5      | 6       | 7 | 8 | 9        | 10     |  |
| No Ex                                                                                                                                                                                                          | perience |   | Beginner |   | Intern | nediate |   | ] | Highly S | killed |  |



### **REACH CENTER AND BARN RULES**

*NOTE: Horses are prey animals.* 

They may instantly become unpredictable if scared or confused. Always use caution around all horses.

#### 1. Safety is always paramount in this barn!

- 2. Park in the designated area in front of the building. Do not block another car.
- 3. Do not drive past REACH barn or Dining Hall into back of property.
- 4. Do not drive under the covered entrance of the barn.
- 5. Speed limit is 15 MPH. Please be considerate of riders in the arena as you drive in.
- Use caution around horses. No running, screaming, or unruly behavior in the barn. 6.
- 7. Stay out of barn aisles. Do not pet horses in their stalls.
- Never stand directly in front of or behind a horse. 8.
- Do not go into pastures, paddocks, or round pens where horses are present. 9.
- 10. Do not feed the horses treats by hand.
- Unsupervised children are not allowed at this facility at anytime. Please keep your children with you at 11. all times.
- 12. Treat all equipment with care. Return helmets, tack, grooming buckets, toys, cones, and tools to their proper place after use.
- 13. Dress appropriately: closed-toe shoes (preferably boots) and a helmet are required; long pants, preferred.
- Helmets must be worn by all participants whether doing groundwork\* or riding. 14.
- No animals other than horses are allowed on the premises of the barn.\*\* 15.
- 16. No bikes or skateboards allowed.
- No alcoholic beverage or smoking allowed on premises. 17.
- Do not enter stalls with a horse until properly trained by REACH staff. 18.
- 19. As of September, 1995, Texas enacted the following Law: Texas Law (Chapter 87, Civil Practice and Remedies Code), an equine professional is not liable for the injury or the death of a participant in equine activities resulting from the inherent risks of equine activities.

#### \*Helmet waiver can be signed for groundwork, but groundwork only. All mounted riders must wear helmets. \*\*Service animals are welcome but must stay in the office and not in the barn

I have read and understand what is written and agree to follow the rules and regulations set forth by REACH Therapeutic Riding Center. I understand and am aware of the Texas Equine Liability Act.

Name \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date \_\_\_\_\_



## **HELMET WAIVER FOR GROUNDWORK**

This form is optional and only needs to be signed if you do not wish to wear a helmet while participating in ground work with the horses.

REACH Therapeutic Riding Center policy requires **ALL RIDERS** to wear an SEI Certified ASTM Standard F 1163 or later approved Equestrian Helmet while riding a horse.

REACH Therapeutic Riding Center **strongly encourages** the use of an SEI Certified ASTM Standard F 1163 or later approved Equestrian Helmet for all ground work, **especially if you have had a traumatic brain injury**, are prone to seizures, have balance issues of any kind, or have vision impairment.

I agree that I have been fully warned and advised by REACH Therapeutic Riding Center that protective headgear which meets or exceeds the quality standards of the SEI Certified ASTM Standard F 1163 Equestrian Helmet should be worn while being near horses, and I do understand that the wearing of such headgear at these times may reduce severity of some of the wearer's head injuries and possibly prevent the wearer's death from happening as the result of a fall or other occurrence. I have been offered a protective riding helmet which could prevent severe injury or death in the event of any accident. Against the advice of the owner/manager/employee, and the insurance company, I am refusing this critical safety precaution.

I understand that this waiver is strictly for working on the ground with the horses, and that ALL RIDERS must wear a helmet.

Print name

Date

Signature



### PHYSICIAN ASSESSMENT & PERMISSION ~~To be completed by physician~~

This form is to assess the suitability of this individual to engage in equine assisted activities and therapies (EAAT). EAAT is any activity in which a horse is involved, which includes ground and mounted activities. EAAT has proven to be very effective for many individuals.

| Client's Name:                                             | Date of Birth:         |
|------------------------------------------------------------|------------------------|
| <u>Diagnosis:</u>                                          |                        |
| Primary:                                                   | Date of Onset:         |
| Secondary:                                                 | Date of Onset:         |
| Other:                                                     | Date of Onset:         |
| Past/Prospective Surgeries                                 |                        |
|                                                            |                        |
|                                                            |                        |
| Medications                                                |                        |
|                                                            |                        |
| Seizures:NoYes Type:                                       | _Date of last seizure: |
| Shunts, Implants:                                          |                        |
| Mobility: Independent Ambulation: YesNo Assisting Devices: |                        |

In order to safely provide this service, REACH requests that you please note that the following conditions may suggest precautions and contraindications to equestrian activities. Therefore, when completing this form, please indicate whether these conditions are present, and to what degree.

|                                                               | Poor Endurance                                    |
|---------------------------------------------------------------|---------------------------------------------------|
| Orthopedic                                                    | Skin Breakdown                                    |
| Atlantoaxial Instability - include neurologic symptoms        | Medical/Psychological                             |
| Coxa Arthrosis                                                | Allergies                                         |
| Cranial Deficits                                              | Animal Abuse                                      |
| Heterotopic Ossification/Myositis Ossificans                  | Cardiac Condition                                 |
| Joint subluxation/dislocation                                 | Physical/Sexual/Emotional Abuse                   |
| Osteoporosis                                                  | Blood Pressure Control                            |
| Pathologic Fractures                                          | Dangerous to self or others                       |
| Spinal Joint Fusion/Fixation                                  | Exacerbations of medical conditions (i.e. RA, MS) |
| Spinal Joint Instability/Abnormalities                        | Fire Settings                                     |
|                                                               | Hemophilia                                        |
| Neurologic                                                    | Medical Instability                               |
| Hydrocephalus/Shunt                                           | Migraines                                         |
| Seizures                                                      | PVD                                               |
| Spina Bifida/Chiari II malformation/Tethered Cord/Hydromyelia | Respiratory Compromise                            |
|                                                               | Recent Surgeries                                  |
| Other                                                         | Substance Abuse                                   |
| Indwelling Catheters/Medical Equipment                        | Thought Control Disorders                         |
| Medications - i.e. photosensitivity                           | Weight Control Disorder                           |
|                                                               |                                                   |



Client's name:

As thoroughly as possible, please indicate current or past difficulties/symptoms in the following systems/areas that apply including surgeries.

| Area                    | No | Yes | Degree/ Comments |
|-------------------------|----|-----|------------------|
| Auditory                |    |     |                  |
| Visual                  |    |     |                  |
| Speech                  |    |     |                  |
| Tactile/Sensory         |    |     |                  |
| Cardiac                 |    |     |                  |
| Circulatory             |    |     |                  |
| Pulmonary               |    |     |                  |
| Integumentary/Skin      |    |     |                  |
| Immunity                |    |     |                  |
| Neurologic              |    |     |                  |
| Muscular                |    |     |                  |
| Orthopedic              |    |     |                  |
| Bowel/Bladder           |    |     |                  |
| Learning Disabilities   |    |     |                  |
| Cognitive               |    |     |                  |
| Emotional/Psychological |    |     |                  |
| Behavior                |    |     |                  |
| Other                   |    |     |                  |
|                         |    |     |                  |

Given the above diagnosis and medical information, this person is not medically precluded from participation in supervised equestrian activities. I understand that REACH Therapeutic Riding Center will weigh the medical information indicated above against any existing precautions and/or contraindications before accepting this person for therapeutic horseback riding lessons. Therefore, I refer this person to REACH for ongoing evaluation to determine eligibility for participation.

| Name/Title: | MD, DO, NP, PA Other |
|-------------|----------------------|
| Signature:  | Date:                |
| Address:    |                      |
| Phone:      | License/UPIN Number: |



# <u>Types of acceptable forms of identification for</u> <u>eligibility to receive services are as follows:</u>

- o DD214, Certificate of Release or Discharge from Active Duty
- E-Benefits summary letter with character of service listed\*\*
- Department of Veterans Affairs official letter with character of service listed
- Official VA disability letter with character of service listed
- Honorable discharge certificate
- o NGB-22, National Guard Report of Separation and Record of Service
- NA Form 13038, Certification of Military Service
- Uniform Services Identification Card
- State of Texas Issued Driver's License with Veteran designation

# Please bring one of these with you when you come to the barn and we will make a copy OR feel free to email a copy to <u>veterans@reachtrc.org</u>. Thank you!

\*\* Go to <u>https://www.ebenefits.va.gov/ebenefits/homepage</u> and sign in with your DOD login to print or email a letter. If you don't have a DOD login, it should have a place to register.