#### RIDING EQUINES TO ACHIEVE CONFIDENCE AND HEALTH



#### All About Fall

This fall brings some changes to the REACH barn and family. We are thrilled to welcome Kim Hernandez, our new Operations Director, to the barn. Her enthusiasm is contagious and we look forward to her ideas and expertise.

We also have a new member of our equine family - a little pony named Annie. She's spunky, got great moves, and will win your heart over!

And a new member who won't be arriving until February is Krystin Snodgrass's baby! Her little bundle is due on Valentine's Day and will surely win over everyone's heart!

A sad change to our family is the loss of Pete Trippodo, grandfather to rider Aidan. He was a very special man in his grandson's life and a wonderful advocate of REACH. Our thoughts and prayers go out to Aidan and his family.

Take care and see you at the barn.

Barbara Epps Program Director



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R•E•A•C•H Therapeutic Riding Center

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Fall 2012

### **Meet our new Operations Director**

REACH continues to grow and so has our staff. This fall sees the arrival of Kim Hernandez, our new Operations Director, who will be responsible for day-to-day operations at the center.

Kim is a Texas native, currently residing in Austin and planning a move to Temple. Her career experience thus far is capacity building for humanitarian nonprofits. Before joining REACH, she managed a housing program for individuals with chronic disabilities. She currently serves as a board member for an art therapy nonprofit for at-risk youth. Her educational background is social work and nonprofit management. She earned her BSW from UT Arlington and her MPA from Texas A&M. In the upcoming year, she will work on her LCSW to build a clinical holistic wellness practice. She believes physical fitness activities such as horseback riding greatly contribute to mental wellness, and she is eager to



incorporate that belief into her work at REACH. She also consults on fundraising, event planning, communications, contracts, and grant writing and is actively involved with local events and businesses to be an engaged community member. In her free time, you can find her camping, swimming, gardening, or dancing. She loves adventuring in the great outdoors.

Please give Kim a warm welcome to the REACH family!

### RIDERS CORNER Mark Your Calendar Cancellation

Fall 2012 Session Dates Sept. 11 - Dec. 15

**No Classes:** Oct. 9 - 13 (Fall Break) Nov. 20 - 24 (Thanksgiving Break)

> **Christmas Horse Show** Sunday, Dec. 9 Rain Date Sunday, Dec 16

Cancellations: Call 254-848-7888

Please note: If a rider misses more than three lessons consecutively they are subject to lose their spot on the schedule.

The use of the riding facility is made possible through the generosity of Gary and Diane Heavin. www.REACHtrc.org • Ride@REACHtrc.org • www.Facebook.com/REACHtrc • 254-848-7888

### Participants pitch in for fun at the first annual Horseshoes for Healing Tournament

We had a beautiful morning for the inaugural horsehoe pitching tournament at the Brazos Park East horseshoe courts on the Brazos River! Eight teams took to the courts to compete for REACH prizes and to support our riders and center.

Thank you to Jim Anderson of the Waco Horseshoe Pitchers Association, and his wife Kathy, for teaching us how to play and score the game and keeping track of the teams and brackets.

And thanks to our tournament sponsor, Hole in the Roof, and to everyone who participated! See you next year.



Bystanders and participants somtimes had to dodge misguided flying horseshoes!



Jim Turner demonstrates correct pitching form!



Volunteer Director Kristin Volcik enjoys time by the river with her son, lan.



Austin Bolfing, son of Volunteer Director Kristin Volcik, shows us how it's done.



Program Director Barbara Epps gets some coaching from tournament coordinator Kathy Anderson.



Chairman of the REACH Board Ron Epps lines up for a pitch.



New Operations Director Kim Hernandez tries her hand at pitching.



a path international horses for veterans program Honoring soldiers injured in service in partnership with the horse.

#### Fall Session of Horses for Heroes Gets Underway

Horses for Heroes kicked off the fall session on Tuesday, Sept. 11, with 14 participants and volunteers in attendance. Larry Barnett and Karen Fraser laid out plans for fall. After dinner, veterans and volunteers moved to the barn for some horse time.

We are anxious to increase our veteran participation in the Horses for Heroes program. If you know a disabled veteran who would benefit from this program, please share our information with them or let us know.

#### Join the 2012 REACH Pony Club

It's not too late! Join the club and be the power behind our horses! Receive an *I Support REACH* window sticker for your car, a *REACH Your Potential* coffee mug, or the cool new *iReach* t-shirt for 2012, designed just for Pony Club members.

Stop by the office or join online at www.REACHtrc.org. And remember, volunteers and rider families can join for half-price!

# New footing for paddocks and arena helps with mud

A change you may not notice at the barn is the welcome addition of leveling and new footing put around our paddocks and covered arena. Jeff Conners of Conners Crushed Stone and Materials donated his time and materials to make our horses more comfortable and the arena more usable in wet weather. Thanks, Jeff!

# HORSESHOE HEROES

The real heroes of our center are listed below.

In appreciation to each of you for your unique and generous contribution to the people and programs of REACH.



Our thanks and appreciation go out to Which Wich? sandwich shop

on Bosque Blvd. In July they picked REACH to be the benefactor of their pre-opening employee training night.

Diners could order a sandwich, chips and a drink for \$3.00. More than 175 sandwiches were sold and all proceeds went to REACH! Manager Mike Duncan said it was the busiest training night they have ever had. Thanks to board member Hal Whitaker for giving our name to Which Wich?

Heart of Texas Electric Co-op **Operation Round-Up** has once again awarded REACH a \$2,500 grant. The funds will be used to install fans in our stalls for the health and comfort of our

horses. Thank you to volunteer Donna

Morden for continuing to work on that

Gary & Diane Heavin Larry & Marilyn Barnett Brazos Higher Education Fentress Foundation Steve & Candace Harrison The First National Bank

of Central Texas



Academy for Speech & Language Alliance Bank Central Texas Lynn Allinson American Bank American Quarter Horse Foundation Jim & Kathy Anderson Rachel Ashcraft Wes & Rebecca Bailey Bent Bucket Ministries Cowgirl Get Together Bird-Kultgen Ford

Tina Boatwright Sidney Bolfing Curtis & Carrie Breuer Stanton & Susan Bussell Cahill Quarter Horses Joe & Christine Calao Nancy Callan Angela Cano - "Presley" Central Horseshoe Pitching Assoc. Central National Bank Kelsey Cervenka Bill & Jackie Chalmers Mary Clifton Chase Kathi Childers Christian Mission Concerns Classic Equine Lauri Cole Mike & Pat Combs Community Bank & Trust **Congress Clothing** Jeff Conners Conners Crushed Stone & Material **Cooper Foundation** Gerald Cox, DDS Pediatric Dentistry Randy & Rhonda Crawford Mr. & Mrs. Bill Curtis Dr. & Mrs. Steven Cutbirth Billy & Patty Davis Kyle & Diane Deaver Chuck Doherty Mike Duncan Ron & Barbara Epps Extraco Banks

Susie Farley Heather Field Firmin Business Forms Jim & Sue Fleshman Lisa Ford Justin & Kimberly Fulp Juan Garcia Ted & Sue Getterman Zandy & Carol Goode Nancy McNamara Groover Pamela Guidry - "Annie" H∙E•B Allison Harrison Vivian Harvey Heart of Texas Electric Co-op **Operation Round-Up** 

grant each year!



Henry Saddlery Hillcrest Baptist Medical Center **Rick Hines** 

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Hole in the Roof Hope Therapy Andy Horn Builder & Developer HOT Fair & Rodeo Independent Bank Rupert Issacson Dr. & Mrs. Kerry Irons Jan Jackson Jaynes, Reitmeyer, Boyd & Therrell Mr. & Mrs. Harold Johnson Anita Karney Tracy Kelly, DVM Ramsgate Veterinary Clinic Sloan Kuehl Nancy Lacy Jim & Karen Lane April Langston Julie Latino Dr. Ed Lee - "Blys" Jay & Patricia Levine Krystal Lund ManeGait Therapeutic Riding Center Virgil & Mareille McCaleb John McClaren Chevrolet Annie McCollum

Mike & Lu McDonald Diane McEachern Data Systems of Texas Kari McKown Merry Maids Larry & Penny Moore Larry & Donna Morden Steve Myatt Shelby Nicoletti Kay & Lyndon Olson, Jr. Daniel & Tomasina O'Neil Liam & Robin O'Neil Christine Nichol William Pakis



Patricia Peacock Shawn & Misty Petree - "Aggie" Pioneer Steel & Pipe, Inc. Providence Healthcare Network Bernard & Audre Rapoport Foundation Karen & Billy Richardson Clifton & Betsy Robinson Paul Ruiz Tom & Martha Salome Sam's Club Allen Samuels Dodge-Chrysler-Jeep-Ram Dr. Dianne Sawyer Roger Schmidt **Betsy Simpson** Don Sharp Barry & Tammy Shefa Kevin Six Chad Smith **Betsy Snipon** John Spelman Co. Spooner Family Dee Springer Sonja Stamness - "Simon" Kendra Suhling - "Chex"

- Ted Teague Texas First State Bank Kristin & Ryan Volcik Glenn & Jo vonRosenberg Waco Foundation Waco Mayor's Committee for People with Disabilities Waco VFW Post 2148 Christi & Chuck Weddington
- Wells Fargo Bank Which Wich? Ann Whitley Kathy Williams

In addition to funds needed to run our center and programs, there are always items needed for the barn and facility. Here is our current wish list!

Horse hay rings Dryer Tractor Manure spreader ATV Hay

Harrow Mower/bush hog Horse trailer

**REACH Therapeutic Riding Center Mission** Improving the health, increasing the confidence, and promoting the independence of persons with special needs through the use of horses.